

September 17, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

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RECEIVED
10/2/98

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of St. John's Positive Thoughts™, a dietary supplement. Source Naturals® is the manufacturer of Positive Thoughts.

Statements being made in the labeling of Positive Thoughts:

- (1) St. John's Wort complex to support a good mood.
- (2) Positive Thoughts combines mood-soothing herbs, calming factors and uplifting amino acids.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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